

## the word

## giveaway

**YOGA YAHOO**

Get ready to stretch your body and relax your mind with a free yoga session. We're giving away three vouchers for yoga classes at Lullaby Yoga in Life Center, valued at B1,650 each.

Giveaway prizes courtesy of Lullaby Yoga (Life Center, Q House Lumpini, 1 Sathon Tai Road, MRT Lumpini, 02-677-7470-1, [www.lullaby-yoga.com](http://www.lullaby-yoga.com), [fb.com/LullabyYogaAddict](https://fb.com/LullabyYogaAddict)). Certified by the Yoga Alliance in the US, the premium yoga studio offers various classes from hot yoga to vinyasa yoga, yin yoga and more. All classes are conducted by experienced and certified instructors.

Lullaby Yoga has two branches; one at All Seasons Place on Witthayu Road and the other in Life Center on Sathon Road.

Our three winners will get to stretch and bend their way to a healthy mind and body at Lullaby Yoga in Life Center.

**ANSWER THIS:**

What do you do to help you relax?

**CONGRATULATIONS**

Well done to our very lucky reader who won a two-night stay at Away Chiang Kham Villa.

Send your answer to [guru@bangkokpost.co.th](mailto:guru@bangkokpost.co.th) with your name and full contact details. Deadline Apr 14. Winners must pick up their prize at The Display Department, The Post Building, by Apr 25.

FREE  
STUFF!

